

Satellite Symposium to the 2019 ESH Meeting

EXERCISE AND HYPERTENSION

San Daniele del Friuli (Italy), Wednesday 26 June 2019

Sala Riunioni, Ospedale Vecchio

Scientific Program

9:00-10:15 Chairmen: S. Julius (USA), P. Palatini (Italy)

V. Cornelissen (Belgium)

Effect of physical activity on BP and on prevention of hypertension

A. Avogaro (Italy)

Effect of exercise training on clinical outcomes in patients with dyslipidemia and diabetes

P. Palatini (Italy)

BP changes during exercise and prognostic value of stress testing

10:15-11:30 Chairmen: B. Jelakovic (Croatia), G. Mancia (Italy)

G. Grassi (Italy)

Effect of regular exercise on autonomic nervous system activity

S. Taddei (Italy)

Effect of physical activity on endothelial function

D. Corrado (Italy)

High intensity physical activity: a risk factor for atrial fibrillation?

Coffee break 11:30-11:45

11:45-13:00 Chairmen C Borghi (Italy), G Parati (Italy)

G. Parati (Italy)

High altitude and blood pressure: when is the hypertensive patient at risk?

J. Niebauer (Austria)

Participation in competitive sports of athletes with arterial hypertension: recommendations of the European Association of Preventive Cardiology

L. Mos (Italy)

More restrictive criteria should be adopted. The view of the Italian Society of Sports Cardiology

13:00-14:20 Lunch

14:20-16:15 Chairmen E Agabiti Rosei (Italy), G Grassi (Italy)

F. D'Ascenzi (Italy)

Physiological versus pathological LVH in the hypertensive athlete. Role of ECG and echocardiography

F. Saladini (Italy)

Exercise, hypertension and arterial distensibility

O. Vriz (Italy and Saudi Arabia)

Exercise for systemic and pulmonary hypertension: killing two birds with one stone

C. Borghi (Italy)

Treatment of the hypertensive athlete. Which are the most effective associations?

16:00 Final tests

Scientific Committee:

Lucio Mos, San Daniele del Friuli, Italy

Paolo Palatini, Padova, Italy

All enquiries to:

Prof. Paolo Palatini

Studium Patavinum, University of Padova

Via Giustiniani, 2 - 35128 Padua, Italy

palatini@unipd.it

Tel +328-4617036