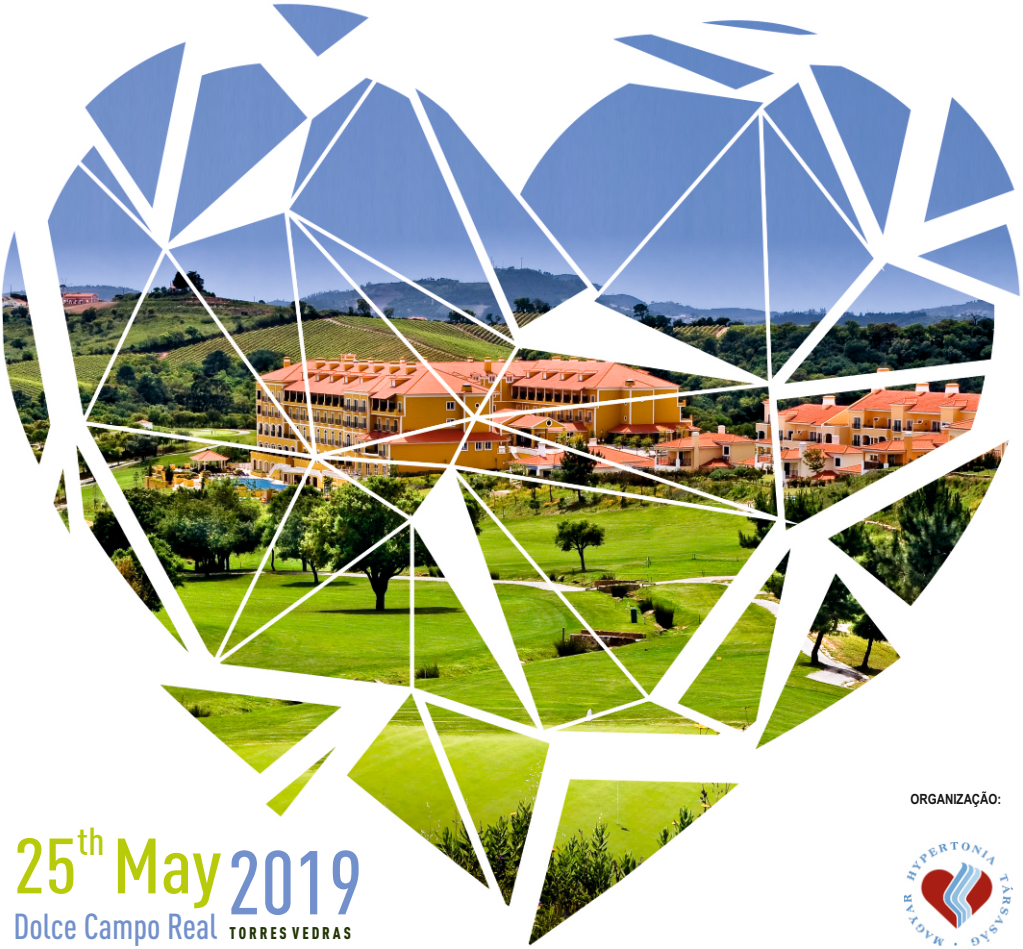
ESH SATELLITE SIMPOSYUM

III MONOTHERAPEUTICS VS POLYTHERAPEUTICS ON GLOBAL CARDIOVASCULAR RISK: FROM SCIENCE TO PUBLIC HEALTH



25th May 2019

Dolce Campo Real TORRES VEDRAS

ORGANIZAÇÃO:

MAGYAR HYPERTONIA TÁRSASÁG

SOCIEDADE PORTUGUESA DE HIPERTENSÃO
Portuguese Society of Hypertension

PRELIMINARY PROGRAM

ESH SATELLITE SIMPOSYUM

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25th May 2019
Dolce Campo Real TORRES VEDRAS

09:00 **OPENING CEREMONY**
Vitor Paixão Dias, Portugal

GLOBAL CARDIOVASCULAR RISK AND POLYTHERAPEUTICS

09:15 **Arterial Hypertension: from the beginnings to the 21st century**
Manuel Carvalho Rodrigues, Portugal

09:45 **Burden of Cardiovascular Diseases in Portugal (and in Europe): *quo vadis*?**
Fernando Pinto, Portugal

10:15 **Clinical importance of drug interactions: advantages and disadvantages of polypharmacy**
Csaba Farsang, Hungary

10:45 **Discussion**

11:00 *Coffee break*

POLYTHERAPEUTICS AND ADHERENCE: WHERE DO WE STAND?

11:30 **The impact of currently recommended antihypertensive medication on psychopathology**
János Nemcsik, Hungary

12:00 **Is there an adherence threshold to achieve**
Michel Burnier, Switzerland

12:30 **Discussion**

12:45 **END OF MORNING SESSIONS**

13:00 *Lunch*

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ARE THERE REASONS TO CHANGE

14:30 **The role of polypill on cardiovascular prevention**
Luis Martins, Portugal

15:00 **TBA Portugal**

ROUND TABLE: TBA

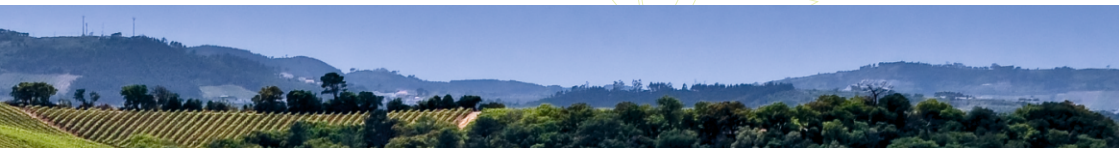
15:30 **Discussion Panel I Moderator:** *Vitor Paixão Dias, Portugal*
Panel members: *Fernando Pinto, Luis Martins, Manuel Carvalho Rodrigues, Portugal, TBA*

16:15 *Coffee Break*

16:45 **INITIAL COMBINATION TREATMENT IN THE LIGHT OF THE ESC/ESH HYPERTENSION GUIDELINES**
Giuseppe Mancia, Italy

17:15 **CLOSING REMARKS**
Csaba Farsang, Hungary

17:30 **END OF THE SATELLITE SYMPOSIUM**



SECRETARIADO EXECUTIVO

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